

George Scapin

From: George Scapin [g@thescapins.com]
Sent: Monday, December 14, 2009 9:22 PM
To: 'everyone@mobilemellowmilers.com'
Subject: Mobile Mellow Milers

Hi Mellow Milers!!

Hope everyone is staying dry. Do not forget run/walk Tuesday at Mellow Mushroom.

December 22 will be our Christmas party and for Christmas we have.....SHIRTS!!! If you have done ten or more runs and not yet received your shirt you will!!
Park at Regions IN A PARKING SPOT ONLY or across the street from Mellow Mushroom.
Read below about a really cool Memphis to Mobile run.
Hope to see you soon!

Press Release

St. Jude Memphis to Mobile Run

The local organization of St. Jude on the Bay is organizing a relay-style run from Memphis, TN to Mobile, AL that will take place April 28, through May 2, 2010. Participants will run 3-8 mile legs over a 5 day period. Transportation, meals, and overnight accommodations are included for runners with an age requirement of 18 and older. Runners must meet a minimum fund raising goal and all proceeds go to St. Jude Children's Research Hospital. Anyone interested in participating in the St. Jude Memphis to Mobile Run should go to our website, www.stjudeonthebay.com for more details.

The St. Jude Memphis to Mobile Run will start in Memphis, TN and continue down the state of Mississippi and into Alabama. Over the five days, participants will run around the clock in order to raise money for St. Jude. The primary goal of the Memphis to Mobile Run is to generate funds for St. Jude Children's Research Hospital. The Hospital was founded in 1962 by Danny Thomas. Today, St. Jude is the leader in research for childhood diseases. No child is ever denied treatment based on race, religion, or a family's ability to pay. More than 70 children from Mobile and Baldwin counties are currently being treated at St. Jude.

Who- St. Jude on the Bay, a local volunteer organization fundraising for St. Jude since 1997. Helping in "finding cures, saving children"

What- St. Jude Memphis to Mobile Run (all proceeds go to St. Jude)

When- April 28-May 2, 2010

Where- Start in Memphis and finish in Mobile (Battleship Park)

How- Runners sign up to run relay-style, 3-8 mile segments

Why- Fundraise for St. Jude Children's Research Hospital.

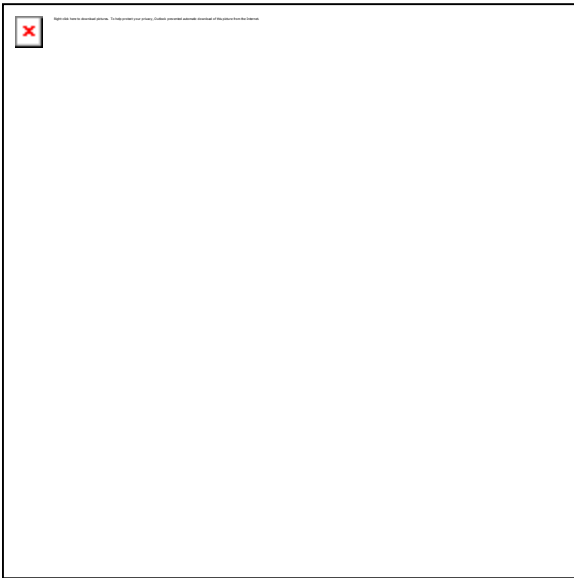
*We currently have more than 70 children from Mobile and Baldwin counties being treated at St. Jude

For more information please go to our website: www.stjudeonthebay.com

Or contact Laura Barnett 251-367-6662, Fara Middleton 251-583-2416, or

Raymond Zoghby 251-452-4160

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Heather J Grubbs

If you elect to be excluded from the Mobile Mellow Milers group e-mail messages, please respond to this message stating so.